## **Breakfast**

**On-the-go** - Assorted muffins, scones, breakfast pastries, and fresh fruit platter.

A Brunch Affair – with your choice of one Hot Dish, and 2 sides.

### <u>Hot</u>

#### Petite quiche- assortment

Frittata and Quiche - Vegetable, Southwest, Lorraine, or Custom
Biscuits and Gravy - Buttermilk biscuits with red-eye sausage gravy
Farmer's bake - eggs, hash browns, vegetables, cheese and meat
Strata - eggs, bread, and any filling you can imagine baked in a breakfast casserole
Breakfast Burritos - eggs, cheese, and your choice of filling rolled up in a tortilla wrap

### **Sides**

Hash Browns	Sausage	Yogurt - Traditional
Roast Red Skin Potatoes	Turkey Sausage	Yogurt - Greek
Cheesy Potato Casserole	Bacon	Fresh Fruit Platter

### **Breakfast Bars**

#### \*Minimum 25 People\*

Your guests start with a main and add whatever toppings they desire for a customizable, affordable option to appease many palates.

#### Pancake Bar

Homemade pancakes with toppings that include: banana, strawberry, blueberry, maple syrup, whipped cream, pecans, powdered sugar, and toasted coconut

#### Scrambled Egg Bar

Scrambled eggs, bacon, sausage, ham, cheddar, feta, onion, green onion, peppers, mushrooms, and salsa

### **Chef-Manned Omelet Station**

Our trained professional chefs come to you and prepare delightfully tasty omelets a la minute for you and your guest's enjoyment.

## <u>Lunch</u>

### **Sandwich platters**

Your choice of 3 custom sandwiches prepared fresh daily. Accompanied by your choice of 2 lunch sides.

### Sandwich/Wraps Suggestions

Turkey Club Roast Beef Hot Pastrami Ham & Goat Cheese Turkey Gouda Hot Italian Chicken Salad Cheesesteak Hoagie Turkey & Brie Bahn Mi Ham & Swiss Chicken Pesto Turkey Reuben Reuben Italian Pork, Pork, Bacon

Cubano BLT Egg Salad Caprese

Portabella Grown-up Grilled Cheese Goat Cheese & Tomato Jam

Poached Pear & Ham Asian Chicken Wrap Country Salami

### **Lunch Sides**

Multigrain Salad Southwest Redskin Potato Salad Fruit Salad
Quinoa Salad Creamy Macaroni Salad Potato Salad
Wild Rice Salad Bag of Potato Chips Italian Pasta Salad
Soup Salad

## Sushi Menu (10 roll minimum)

## **Classic Rolls**

Cucumber Avocado Roll
Avocado Asparagus Roll
Veggie Roll – avocado, cucumber, carrot, red pepper, asparagus
Ahi Tuna Roll – cucumber, avocado
Spicy Tuna Roll – tuna mix, cucumber, avocado, sriracha
California Roll – crab mix, cucumber, avocado
Spicy California Roll – California roll, sriracha
Philly Roll – salmon, cream cheese, cucumber

#### **Premium Rolls**

Tempura Shrimp Roll – cucumber, avocado

Hawaiian Chicken Roll - fried chicken, red pepper, pineapple, eel sauce

Rocket Man – tempura shrimp roll topped with spicy tuna, jalapeno, ginger aioli, sriracha

**Top Shelf –** California roll topped with seared salmon, eel sauce, ginger aioli, scallion

**Buddha** – spicy tuna topped with Ahi tuna, avocado, eel sauce, sriracha

Red Dragon - spicy tuna roll topped with Ahi tuna, dynamite sauce, red tobikko, scallion

## **Salads**

**Michigan Salad** – Spring mix greens topped with dried cherries, bleu cheese, candied walnuts and cranberry maple vinaigrette

**Mediterranean Feta Salad** – Chopped crispy romaine hearts with Greek Dressing, tomatoes, red onion, Kalamata olives, cucumber, pepperoncini and feta cheese

**Sesame Ginger Asian Salad –** Chopped crispy romaine hearts with a sesame-soy dressing, Asian style vegetables, mandarin oranges, and curried almonds

**Garden Salad** – Chopped crispy romaine hearts with a buttermilk ranch dressing, tomato, cucumber, onion, vegetable threads, and croutons

**Caesar Salad** – Chopped crispy romaine hearts, parmesan, and herbed garlic croutons tossed in our house made Caesar dressing

**Warm Mushroom Salad** – Fresh baby spinach, warm sautéed mushrooms, bacon, beet threads and topped with our White Truffle Vinaigrette

**Bacon Lover's Salad** – Fresh baby kale, bleu cheese, toasted almonds, bacon, and bacon vinaigrette

**Strawberry Spinach Salad** – Fresh baby spinach, strawberry, blueberry, toasted almonds, feta, and lemon poppy vinaigrette

**Apple Fennel Chopped Salad** – Chopped crispy romaine hearts, goat cheese, cucumber, apple, shaved fennel, red onion, and apple cider vinaigrette

#### Entrée Salads

**Goat Cheese Salad -** Fresh baby spinach tossed in balsamic dressing and topped with a crispy goat cheese crouton, roasted peppers, lentils, fennel, sweet potatoes and bacon

**Caprese Salad** – Spring mix greens, fresh mozzarella, tomato, capers, red onion, Thai basil vinaigrette

**3 Dudes Lunch Salad** – Chopped crispy romaine hearts, ham, turkey, egg, cheddar, cucumber, peppers, carrot threads, croutons, and lemon-garlic vinaigrette

**Classic Cobb Salad** – Chopped crispy romaine hearts, chicken, avocado, hardboiled egg, tomato, bleu cheese, bacon, and lemon Dijon dressing

**Ahi Tuna Nicoise** – Spring mix greens, seared Ahi tuna, cherry tomato, red onion, green beans, hardboiled egg, nicoise olives, capers, and lemon herb vinaigrette

## <u>Soup</u>

#### **Hot Soups:**

Chicken and Wild Rice

**Beef Barley** 

Chicken Tortilla

French Onion Soup

Pozole

Lemon Chicken Rice

Ham and Lentil

White Bean Chili

Chili Con Carne

Chicken Noodle

Smoked Seafood Chowder

New England Clam Chowder

Manhattan Clam Chowder

Gumbo

Mulligatawny

Italian Wedding Soup

**Loaded Baked Potato** 

Meatball and Vegetables

Italian Sausage and Tortellini

Andouille and White Bean

Hot and Sour

Mushroom Bisque

Stuffed Pepper Soup

Beef Vegetable

Split Pea with Ham

Irish Beef Stew

Cheeseburger

Creamy Chicken Vegetable

Florentine Chicken

Chicken and Asparagus

Baked Beef and Root Vegetable

Cheesy Ham Chowder

Creole Black Bean and Sausage

Potato Carbonara with Bacon

Country Cabbage

Smokey Sausage and Cabbage

Shamrock - Cabbage and Corned Beef

Southwest Black Bean

Zippy Spanish Rice

Zesty Hamburger

**Lobster Bisque** 

Shrimp Bisque

**Tuscan Pork Stew** 

Louisiana Red Beans and Rice

Braised Beef and Red Wine

Roasted Garlic Bisque

## **Vegetarian Hot Soups:**

Tomato Basil

**Curried Carrot** 

Asparagus and Roast Poblano

Creamy Mushroom

Vegetable

Fresh Corn Chowder

Potato Bisque

Broccoli Cheddar

**Curried Sweet Potato** 

Beer Cheese

Mushroom Barley

Minestrone

Hot and Sour with Tofu

Smoked Cauliflower and Kale

**Butternut Squash** 

Lemon Scented Lentil

Cauliflower Boursin

Succotash

## **Cold Soups:**

Gazpacho

Watermelon Gazpacho

Strawberries and Cream with Aged Balsamic

Cucumber Dill

Spring Pea with Crème Fresh and Prosciutto

# **Entrées**

## **Beef**

**Whole Roasted Tenderloin** – Red wine demi-glace, Marsala wine demi-glace, Wild mushroom cream, Chasseur, Whisky peppercorn, Gorgonzola Cream

Whole Roasted Strip Loin – Red wine demi-glace, Marsala wine demi-glace, Wild mushroom cream, Chasseur, Whisky peppercorn, Gorgonzola Cream

**Prime Rib** – au jus, horsey sauce

Marinated Beef Tips - Sirloin tip steak, forest mushrooms, onions

**Pot Roast** 

Latin Skirt Steak – Expresso-chili seasoning, chimichurri, sautéed peppers and onions

Herb Marinated Skirt Steak - garlic, rosemary, olive oil

Asian Flank Steak - Pineapple soy glaze

Traditional Short Ribs - Slow braised in red wine and topped with natural reduction

Asian Short Ribs – Slow braised with ginger and Hoison then topped with natural reduction

Meatballs – tomato sauce, BBQ, or wild mushroom

## **Chicken**

Italian Stuffed Chicken – Ham, fresh herb, Parmesan cheese, tomato basil sauce Mediterranean Stuffed Chicken - Roast red peppers, sautéed spinach, Kalamata olives, capers, goat cheese, Fontina cream sauce

**Southwest Stuffed Chicken** – Roast poblano, black beans, queso fresco, sweet corn emulsion **Chicken and Portabella -** Portabella sherry wine cream sauce.

Island Chicken - Pineapple mango salsa, cilantro coulis

Black Bean Chicken – Black bean sauce, corn salsa

Dimitri's Chicken – white wine poached, garlic, lemon, artichoke, mushroom, cream, Greek yogurt

BBQ Chicken Combo – Boneless breasts and bone-in chicken thighs, 3 Dudes BBQ

Michigan Classic - Traverse City dried cherries, mushrooms, fresh basil, sherry wine sauce

Pecan Chicken – Honey mustard cream sauce

Chicken Picatta – Lemon caper picatta sauce

Chicken Marsala - Forest mushroom medley demi-glace

Chicken Satay – Sweet chili ponzu or peanut satay

Pesto Chicken – Pesto smothered, garlic cream sauce, tomato medley

**Lemon-Thyme Chicken** – White wine cream sauce

Parmesan Crusted Chicken - roasted garlic, asiago white wine cream sauce

### <u>Pork</u>

Pork Tenderloin – Stone ground mustard demi-glace

Stuffed Pork Loin - Country baguette herb stuffing and demi-glace

Southwest Pork Tenderloin – Blackened pork tenderloin, black bean sauce, fresh corn salsa

**Asian Pork Tenderloin** – Chinese 5 spice, apple cider fennel reduction

Pork Combo – BBQ pulled pork, roast pork tenderloin with bacon vinaigrette

Center Cut Pork Chop – Jack Daniel's Pan Gravy

## **Seafood**

**Grilled Salmon** – Cherry tomato, red onion, EVOO, lemon

Pan Seared Salmon – Fennel-leek sauce, bacon jam

Sesame Salmon - Port plum, orange miso sauces

Blackened Salmon – Spice rubbed salmon, fresh corn emulsion

Pan Seared Arctic Char - Cherry tomato salad

Lake Superior Whitefish – Lemon caper beurre blanc

Pretzel Crusted Walleye – Stone-ground mustard sauce

Garlic Shrimp Scampi – Fresh herb, lemon

Stuffed Michigan Trout - Grilled Michigan trout, Brunoised seasonal vegetables

Ruby Red Trout -Pan-seared, lemon-thyme-parsley crusted

**Mediterranean Cod** – Herb-panko crust, roasted cherry tomato relish, fried capers

New England Cod Cakes - Remoulade

### Vegetarian/Vegan

Portabella Wellington - Spinach, duxelle, gruyere

Wild Mushroom Polenta - Gorgonzola cream sauce

Vegetable Roulade - Caponata, eggplant, cauliflower cream sauce

Butternut Squash Ravioli – Fennel, candied pecans, bitter greens, apple gastrique, gorgonzola

**Vegetarian Lasagna** – white or red sauce

**Goat Cheese Crouton** – Crispy goat cheese medallion, couscous salad, roast corn salsa, grilled heirloom tomatoes, pickled red onion, pickled radish

Curried Cauliflower – Curry roasted cauliflower, cashews, arugula, coriander-cumin yogurt

Chickpea Cake - Roasted garlic tahini yogurt, pickled red onion with mint

## Pasta

**Baked Macaroni and Cheese** – Traditional, 4 cheese blend, Truffled, or Smoked Gouda **Traditional Lasagna** 

Penne - Bolognese, Alfredo, or Pesto Cream

Farfalle Primavera

Fettuccini Chevre – forest mushrooms, tarragon, goat cheese sauce

Cavateppi Rustico – seasonal preparation of fresh roasted vegetables, EVOO, garlic

Truffle Funghi Linguini – forest mushrooms, white truffle oil, fresh herb, parmesan

### <u>Starches</u>

Jasmine Rice Pilaf Santa Fe Dirty Rice Potato Onion Pie

Creamy Herb Polenta

Thyme-Garlic Smashed Redskin Potato

Truffle Mashed Potato Herb Roasted Redskin Creamy Orzo Pasta Garlic Mashed Potato

Sweet Potato Hash

Macaroni and Cheese

Cilantro Lime Rice

### <u>Vegetables</u>

Green Beans Asparagus Fresh Corn Ratatouille

Stir-fried Vegetables Bourbon Glazed Carrots Grilled Vegetable Display

Vegetable Medley

Roasted Seasonal Vegetables

Succotash

Roasted Brussel Sprouts

## **Food Stations**

Our trained professional chefs come to you and prepare delightfully tasty cuisines a la minute for you and your guest's enjoyment.

\*Minimum 25 People\*
Select 1 bar, 2 bars, or 3 bars

#### **Potato Bar**

Creamy whipped Idaho potato, garlic mashed red skins, and sweet potato russet blend. Toppings include: sour cream, green onion, bacon, chicken, garlic shrimp, cheddar cheese, Sauces include chicken gravy, broccoli cheddar, and wild mushroom cream

#### **Tex-Mex Fajita Bar**

Steak and chicken with sautéed peppers and onions
Toppings include: sour cream, diced onion, cheddar cheese, guacamole, Pico de Gallo, jalapeno.
Served with Tex-Mex dirty rice and refried beans or black bean salad

#### **Asian Stir Fry Bar**

Toppings include: steak, shrimp, chicken, zucchini, broccoli, onion, carrot, celery, baby corn, bamboo shoots, bean sprouts, peppers, fresh ginger, and fresh garlic. Sauces include a Sweet Chili Soy, red curry coconut, and sriracha

#### **Angus Beef Slider Bar**

Mini Angus beef hamburgers served on a Brioche Bun Toppings include: cheddar cheese, gruyere cheese, bleu cheese, onion, tomato, pickle, guacamole, bacon, lettuce, sautéed mushrooms, and sautéed onion. Sauces include ketchup, mustard, A-1, BBQ, and pickle relish

#### **BBQ Slider Bar**

Smoked pulled pork, pulled chicken, and beef brisket served on a Brioche Bun Toppings include: cheddar cheese, onion, tomato, pickle, guacamole, corn salsa, and bacon. Sauces include mustard, sweet BBQ, Carolina style BBQ

#### Nathan's Hot Dog Coney Bar

All beef Nathan's hot dog served with a deli bun
Toppings include: diced onion, pickles, chili, cheddar cheese, jalapeno, diced tomato, bacon, ketchup,
mustard, pickle relish, sauerkraut and guacamole

#### Italian Pasta Bar

Tri-color bowtie and penne

Toppings include: chicken, shrimp, steak, caramelized onion, peppers, mushrooms, broccoli, spinach, pesto, and parmesan.

Sauces to choose from: Bolognese, Alfredo, Tomato Basil

#### Macaroni & Cheese Bar

Toppings include: ground beef, kielbasa, bacon, diced ham, cheddar, bleu cheese, scallions, broccoli, jalapeno, pico de gallo, scallions, toasted bread crumb, fried onion strings, hot sauce, truffle oil

#### Sushi Bar

Fresh rolled sushi to order by 3 Dudes' own sushi chefs.

#### **Low Country Boil**

Blue crabs, shrimp, andouille sausage, potatoes, celery, beer, and 3 Dudes blend of country boil spices